

Basic outline:

Courses we cover during J-Life USA training program

1. *Youth Ministry Introduction*
2. *Developing a Strategy for Relational Disciple Making*
3. *Building Depth in your Youth*
4. *Equipping Youth for Ministry: Tools to help leaders get youth involved in ministry to move youth from being hearers of God's word to doers.*
5. *Equipping Youth to Share their Faith: Mobilizing youth to share their faith with their peers in lifestyle evangelism.*
6. *Sonlife's Strategy for a Healthy Youth Ministry*
7. *Sonlife's Foundations for a Healthy Youth Ministry*
8. *Intentional Leading and Teaching Skill Development*

More detailed info:

I. Youth Ministry Introduction

- ✚ Youth ministry in context – dealing with youth culture and sub-culture and Ministering to this generation (A)
- ✚ Stages of development – dealing with developmental stages and specific characteristics at each stage (I)
- ✚ The church and youth ministry – looks at creating a climate in the local church in which youth ministry can grow (A)

II. Developing a Strategy for Relational Disciple Making

Part 1: Introduction

- ✚ Setting YM purpose and managing it (A)
- ✚ Models of Youth Ministry (I)

Part 2: Commitment level ministry

- ✚ Commitment Level Models. J-Life Ministries bases its strategy on the model developed by Sonlife which looks at 4 levels of ministry:
 - Phase 1: Building
 - Phase 2: Equipping
 - Phase 3: Winning
 - Phase 4: Multiplying

Part 3: Programming and Managing at each level.

- ✚ Programming at the Commitment Levels. (I)

III. Building depth in your Youth

Part 1: The Philosophy of Building Believers in their Faith

- ✚ The need for building/discipling believers in their faith (I)
- ✚ The definition of Christ-like discipleship (I)
- ✚ Broad principles for effective Christ-like discipleship (I)
- ✚ Common barriers to effective discipleship

Part 2: Spiritual Disciplines

- ✚ Introduction to the Disciplines
- ✚ Study on the different disciplines: Meditation, Prayer, Fasting, Study, Simplicity, Solitude, Submission, Service, Confession, Guidance, Worship, Journaling, and Celebration (B)

Part 3: 1-on-1 Mentoring (I)

- ✚ The definition of mentoring
- ✚ The Biblical concept of a mentoring relationship
- ✚ Different models of mentoring
- ✚ The mentor's role
- ✚ Marks of a mentor
- ✚ Practicalities of mentoring for the mentor
- ✚ Practicalities of mentoring for the mentoree
- ✚ How to set up a mentoring programme
- ✚ The first 'meeting' of mentor and mentoree
- ✚ How Community, Learning, Worship, Service and Prayer fit into a Mentoring Relationship?

Part 4: Small Groups (A)

- ✚ Philosophy of small groups/Understanding small groups
- ✚ Understanding the importance of small groups from Scripture and Jesus' life
- ✚ The importance of Community when understanding small groups
- ✚ Why teenagers need small groups
- ✚ Different approaches to small groups
- ✚ A small group model
- ✚ Leadership within the small group
- ✚ How do you go about leading the time of learning, worship, prayer and missional service?
- ✚ The process of multiplication
- ✚ Planning for small group times

Part 5: Communicating God's Word to Youth (A)

- ✚ How to Develop Curriculum
- ✚ How to put together a Talk
- ✚ How to prepare a Bible study
- ✚ Expository vs Topical teaching

Part 6: Prayer within youth ministry

- ✚ Starting up a prayer movement
- ✚ Leaders and prayer
- ✚ Maintaining a prayer movement
- ✚ Getting youth to pray for others

Part 7: Using Church Services to Build Youth (I)

- ✚ Involve youth in the services – community and service
- ✚ Communicating the Word – learning and evangelism at times
- ✚ Planned pre or post services – community

Part 8: Mobilizing an effective Worship Ministry for youth (A)

- ✚ Building a worship team
- ✚ Encouraging multi-sensory worship
- ✚ Working with a worship team

IV. Equipping Youth for Ministry: Tools to help leaders move youth from being hearers of God's word to doers.

Part 1: Helping every believer become a Minister (A)

- ✚ Encouraging youth to minister
- ✚ Ministry in accordance to their make-up (Spiritual Gifts, Passion, Abilities, Personality, Experience)
- ✚ Running a gifts workshop
- ✚ Placing youth in their gifting

Part 2: Helping youth touch their Community

- ✚ Giving youth opportunity to minister to others as they serve in Church and in the community
- ✚ Service projects that scratch where it is itching
- ✚ Putting together a plan to touch the community
- ✚ Planning and orchestrating a Service project
- ✚ Recruiting youth to be involved
- ✚ Maintaining momentum
- ✚ Ministering Christ through caring for people

Part 3: Helping youth to minister to Children (A)

- ✚ How to train youth to effectively lead children
- ✚ Understanding children
- ✚ The importance of youth developing long term relationships with children
- ✚ Using youth to run small groups with children
- ✚ Training youth to lead children to Christ
- ✚ Using music and drama with children
- ✚ Youth being involved in a ministry that teaches children to:
 - Love God's word
 - Pray
 - Show God's love to the community

Part 4: Equipping Youth to minister through Music and Drama(A)

Part 5: Short Term Equipping Mission (A)

- ✚ Understanding Missions
- ✚ Purpose of Short Term Missions
- ✚ Ministry options on a Short Term Mission
- ✚ Putting together the program
- ✚ During and After the Mission
- ✚ Understanding Cultures and Ministry (A)
- ✚ Practical implementation of the theory (7 days mission trip)

Part 6: Vacation Bible School - (A)

This training is aimed at equipping a few key leaders from the church to put together a VBS within your church. The training covers all aspects - from daily programming to games for children

- ✚ Using youth as leaders during Vacation Bible School
- ✚ Recruiting Leaders
- ✚ Running a Training Camp for the Leaders
- ✚ The logistics of a VBS
- ✚ How to develop your own curriculum or how to find curriculum

V. Equipping youth to share their faith: mobilizing youth to share their faith with their peers in lifestyle evangelism.

Part 1: Jesus and Evangelism (I)

- ✚ Jesus' model of evangelism
- ✚ Process of Evangelism
 - Placing yourself where you can Tell the Truth
 - Making Contact
 - Relationship building
 - Sharing your faith
 - Calling for a response

Part 2: Training youth to share their faith (I)

- ✚ Using Your Testimony
- ✚ Triple T (Telling The Truth) Gospel Presentation Course
- ✚ Tools to share our faith – tracts, colors, questionnaire

Part 3: Leaders role (I)

- ✚ Creating an environment for youth to share their faith through:
 - One on One evangelism - House visitation, mall evangelism
 - Small Groups - Open airs, Home Groups
 - Big groups – Youth “rallies”, School Ministry
 - Running Camps (I)
 - Sports ministry (A)
- ✚ Encouraging Peer on Peer Evangelism

VI. Sonlife’s Strategy for a Healthy Youth Ministry

- ✚ Purpose, Product, Process, and Passion of Ministry
- ✚ Phases of Ministry: Winning, Building, Equipping, Multiplying
- ✚ Making It Happen: Developing a Balanced Youth Ministry

VII. Sonlife’s Foundations for a Healthy Youth Ministry

- ✚ An Atmosphere of Love
- ✚ Biblical Group Image
- ✚ Consistent Contacting Ministry
- ✚ Proper Concept of Christ
- ✚ Prayerful Dependence
- ✚ Communication of the Word

VIII. Intentional Leading and Teaching Skill Development

Part 1: Leadership Skills (A)

- ✚ Removing Communication Barriers
- ✚ Leading with Vision
- ✚ Resolving Conflict Positively
- ✚ Steps to Successful Planning
- ✚ Evaluation for Motivation
- ✚ Leading By Example
- ✚ Needs and Characteristics of the Group
- ✚ Representing the Group to People Who Count
- ✚ Styles of Leadership
- ✚ Team Building
- ✚ Time Management

Part 2: Intentional Teaching Skill Development

- ✚ Lesson Planning
- ✚ Principles for Leading a Discussion
- ✚ Styles of Learning
- ✚ Principles for Learning
- ✚ Guiding Group Dynamics
- ✚ Emotional Intelligence